

LOVE is ACTION

**Love is a way to fight hatred.
Action is a way to fight despair.**

The world needs your brilliance right now. It needs your joy, your truth, your creativity and your commitment to justice. It needs your fierce and unapologetic demand for equality and opportunity and freedom for all. It needs your attention and your energy and your most tenacious effort.

The world also needs your faith, your hope, and your recognition that we really are all connected; that we really are interdependent with one another and absolutely dependent upon the earth, the water, the air, and the life force of the entire planet. Reaching out, speaking up, listening, asking for help, and most importantly, offering it—this is how we build community, and deepen understanding and compassion.

**Take good care of yourself.
Take extra care of those around you.**

Make yourself uncomfortable to make someone else safe. Stand up to hatred in every way. Speak up to those who are dishonest or cruel, and protest every infringement on civil rights and human decency. Find your calling as protector of those whose lives are not as fortunate as your own.

Seek out ways to get involved with the things you care about. Learn more about things you may have not cared so much about until now, and find opportunities to support those doing necessary work. Question your assumptions. Recognize your biases. Offer your leadership with humility and your allyship with grace.

Open yourself to possibility no matter how improbable it may seem. Challenge yourself to be braver and more generous than you have ever been.

Love with all of your heart. Act with all of your soul.

LOVE

#LeadWithLove
leadwithlove.vision

SPCL—Ten Ways to Fight Hate:
A Community Response Guide
goo.gl/iC5ued

Movement Strategy Center
movementstrategy.org

Dream Corps #LoveArmy Project
thedreamcorps.org

SPEAK UP

Contact Federal Elected Officials
usa.gov/elected-officials

Equal Rights Washington
equalrightswashington.org

Injustice Boycott
injusticeboycott.com

Southern Coalition for Social Justice
southerncoalition.org

Natural Resources Defense Council
nrdc.org

HELP

Center for the Working Poor
centerfortheworkingpoor.org

National Association for the
Advancement of Colored People
naacp.org

Support.fm
support.fm

ASK

Center for Diversity and the
Environment
cdeinspires.org

El Centro de la Raza
elcentrodelaraza.org

Legal Voice
legalvoice.org

LGBTQ Allyship
allyship.org

King County Sexual Assault
Resource Center
kcsarc.org

Refugee Women's Alliance
rewa.org

The Trevor Project
thetrevorproject.org

Washington State Coalition Against
Domestic Violence
wscadv.org

CARE

Center for Reproductive Rights
reproductiverights.org

Disability Rights Education and
Defense Fund
dredf.org

Lifelong Aids Alliance
lloa.org

Planned Parenthood
plannedparenthood.org

SHARE

Fare Start
farestart.org

Food Line
foodlifeline.org

Northwest Harvest
northwestharvest.org

Real Change
realchangenews.org

RESPECT

Council on American Islamic
Relations
cair.com

OneAmerica
weareoneamerica.org

Pride Foundation
pridefoundation.org

PROTECT

350
350.org

American Civil Liberties Union
aclu.org

Amnesty International
amnestyusa.org

AntiDefamation League
adl.org

Border Angels
borderangels.org

Children's Alliance
childrensalliance.org

Coalition to Stop Gun Violence
csgv.org

Committee to Protect Journalists
cpj.org

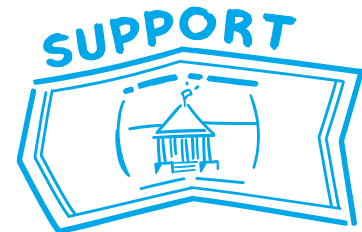
Indigenous Environmental Network
ienearth.org

Northwest Immigrant Rights Project
nwirp.org

Southern Poverty Law Center
splcenter.org

The League of Women Voters
lww.org

Trans Relief Project
transrelief.com



LEARN

Climate Solutions
climatesolutions.org

NARAL Pro-Choice America
prochoiceamerica.org

National Center for Trans Equality
transequality.org

National Immigration Law Center
nilc.org

Safe Schools Coalition
safeschoolscoalition.org

SHOW UP

Black Lives Matter
blacklivesmatter.com

Campaign Zero
joincampaignzero.org

Stand with Standing Rock
standwithstandingrock.net

Showing up for Racial Justice
showingupforracialjustice.org

togetherlist
togetherlist.com

LISTEN

#Green for All
greenforall.org

Indigenous Rising
indigenousrising.org

Shelf Life Stories
shelflifestories.com

The Center for Investigative
Reporting
revealnews.org

These are just a few starting places to support and get involved, and are not a complete list of all of the necessary work available. Whatever is beckoning you is where you will be able to sustainably commit time and energy. Choose that and promise yourself to it.